



Health in Motion Schedule Itinerario de la Unidad Móvil

JANUARY / ENERO 2018

MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE
1.	2. Salvation Army Family Center Venice 1160 US 41 Bypass S Venice 9:30 a.m. - 3 p.m. BUS	3.	4. Prospect House Mental Health Community Center 240 S Tuttle Ave #B Sarasota 10:30 a.m.-3 p.m.	5.
8.	9. Elsie Quirk Library 100 Dearborn St Englewood 10 a.m. - 3p.m. BUS	10.	11. Salvation Army 1440 10th St Sarasota 9:30 a.m. - 3 p.m. BUS	12. Habitat for Humanity Retail Store North Port 14253 Tamiami Trl North Port 9:30 a.m. - 2:30 p.m.
15.	16.	17. USDA Food Distribution Sandra Simms Terry Community Center 509 Collins Road Laurel 10:30 a.m. - 1:30 p.m.	18.	19. Habitat for Humanity Retail Store Venice 1400 Ogden Rd Venice 9:30 a.m. - 3 p.m.
22.	23. North Sarasota Library 2801 Newtown Blvd. Sarasota Noon—5 p.m. BUS	24. USDA Food Distribution Nokomis Park Community Center 234 Nippino Trail E Nokomis 9 - 11 a.m.	25. State College of Florida Venice Campus 800 Tamiami Trail S 9 a.m.- 2 p.m. BUS	26. 27. Sarasota Apothecary Grand Opening 8620 S Tamiami Trail 11 a.m.-4 p.m.
29.	30. Janie's Garden Apartments 2350 Central Avenue Sarasota 11a.m.-4 p.m. BUS	31.		

SERVICES

- Blood pressure screening
- Body Mass Index (BMI) measurement
- Diabetes - glucose screening
- HIV and STD testing (select sites)
- Tips for staying healthy

Referrals to:

- *Quit Your Way* (Tobacco Free Florida)
- Medical and dental care at Community Health Centers of Sarasota County

SERVICIOS

- Evaluación de la presión arterial
- Índice de Masa Corporal (IMC)
- Pruebas de la diabetes
- Pruebas de VIH y ETS (ciertos sitios)
- Consejos para mantenerse saludable

Referidos a:

- *Dejarlo a Tu Manera* (Tobacco Free Florida)
- Atención médica y dental en los Centros de Salud de la Comunidad del Condado de Sarasota