





Health in Motion Schedule Itinerario de la Unidad Móvil

NOVEMBER / NOVIEMBRE 2017

MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE
		1. USDA Food Distribution Cranberry Elementary 2775 Shalimar Ter North Port, 34287 4pm– 5:30pm	2. Habitat for Humanity Retail Store Venice 1400 Ogdan Rd Venice 34285 9:30 a.m. - 3 p.m.	3. USDA Food Distribution Glasser Schoenbaum Center 1750 17th Street Sarasota, 34236 8-1030am <hr/> 4. Hispanic Fall Festival 3930 17th Street Sarasota, 34235
6.	7. Elsie Quirk Library 100 Dearborn St Englewood 34223 10 a.m.—3p.m. BUS	8.	9.	10. 
13.	14.	15. Habitat for Humanity Retail Store North Port 14253 Tamiami Trl North Port 34287 9:30 a.m. - 2:30 p.m.	16. Salvation Army 1440 10th St Sarasota 34236 9:30 a.m. - 3 p.m. BUS	17. USDA Food Distribution Sandra Simms Terry Community Center 509 Collins Road Laurel 34272 10:30 a.m. - 1:30 p.m.
20. Bayou Oaks Apartments 1160 Four Seasons Circle Sarasota, FL 34234 9 a.m.-3 p.m. BUS	21. Janie's Garden Apartments 2350 Central Avenue Sarasota, 34234 11a.m.-4p.m. BUS	22. USDA Food Distribution Nokomis Park Community Center 234 Nippino Trail E Nokomis 34275 9 - 11 a.m.	23. 	24. Holiday Observed
27.	28. North Sarasota Library 2801 Newtown Blvd. Sarasota 34234 Noon—5p.m. BUS	29. Salvation Army Family Center Venice 1160 US 41 Bypass S Venice 34285 9:30 a.m. - 3 p.m.	30 Salvation Army 10th St 1440 10th St Sarasota 34236 9am-11am BUS Health Insurance Enrollment Event Selby Public Library 12 p.m.– 4p.m. BUS	

SERVICES

- Blood pressure screening
- Body Mass Index (BMI) measurement
- Diabetes - glucose screening
- HIV and STD testing (select sites)
- Tips for staying healthy

Referrals to:

- *Quit Your Way* (Tobacco Free Florida)
- Medical and dental care at Community Health Centers of Sarasota County

SERVICIOS

- Evaluación de la presión arterial
- Índice de Masa Corporal (IMC)
- Pruebas de la diabetes
- Pruebas de VIH y ETS (ciertos sitios)
- Consejos para mantenerse saludable

Referidos a:

- *Dejarlo a Tu Manera* (Tobacco Free Florida)
- Atención médica y dental en los Centros de Salud de la Comunidad del Condado de Sarasota