



# Health in Motion Schedule Itinerario de la Unidad Móvil

## MAY / MAYO 2017

MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE
<p>1 <b>Booker Middle School USDA Food Distribution</b> 2250 Myrtle St Sarasota, FL 34234 <b>3 – 4:30 p.m.</b> <b>(Bus)</b></p>	<p>2</p>	<p>3 <b>Cranberry Elementary Food Distribution</b> 2775 Shalimar Terrace North Port, FL 34286 4:15 – 6 p.m. <b>(Bus)</b></p>	<p>4</p>	<p>5</p>
<p>8 <b>Brentwood Elementary USDA Food Distribution</b> 2500 Vinson Ave. Sarasota FL, 34232 <b>4:00 – 6 p.m.</b> <b>(Bus)</b></p>	<p>9 <b>Elsie Quirk Library</b> 100 Dearborn St Englewood FL 34223 <b>10 a.m. – 3 p.m. (Bus)</b></p>	<p>10 <b>Nokomis Park Community Center</b> 234 Nippino Trail E Nokomis FL 34275 <b>8 – 11 a.m.</b></p>	<p>11 <b>Salvation Army</b> 1440 10th St Sarasota FL 34236 <b>9:30 a.m. – 3 p.m. (Bus)</b></p>	<p>12 <b>13 SATURDAY</b> <b>Five Points Park Harvey Milk Festival</b> 1 Central Ave. Sarasota, FL 34236 <b>2 – 9 p.m.</b></p>
<p>15</p>	<p>16</p>	<p>17 <b>Sandra Simms Terry Community Center USDA Food Distribution</b> 509 Collins Road Laurel FL 34272 <b>10:30 a.m. – 1:30 p.m.</b></p>	<p>18 <b>Habitat for Humanity Retail Store North Port</b> 14253 Tamiami Trl North Port FL 34287 <b>9:30 a.m. – 2:30 p.m.</b></p>	<p>19 <b>Habitat for Humanity Retail Store Venice</b> 1400 Ogden Rd Venice FL 34285 <b>9:30 a.m. – 3 p.m.</b></p>
<p>22</p>	<p>23 <b>North Sarasota Library</b> 2801 Newtown Blvd. Sarasota, FL 34234 <b>Noon – 5 p.m.</b> <b>(BUS)</b></p>	<p>24</p>	<p>25 <b>SMH Wellness Walk Payne Park</b> 2050 Adams Lane Sarasota FL, 34237 <b>8:00 – 10:30 a.m.</b></p>	<p>26</p>
<p>29</p>	<p>30 <b>Oak Ridge Apartments</b> 8440 N Tamiami Trail Sarasota FL, 34234 <b>Noon – 5 p.m.</b> <b>(Bus)</b></p>	<p>31 <b>Salvation Army Family Center Venice</b> 1160 US 41 Bypass S Venice FL 34285 <b>9:30 a.m. – 3 p.m. (Bus)</b></p>		

### SERVICES

- Blood pressure screening
- Body Mass Index (BMI) measurement
- Diabetes - glucose screening
- HIV and STD testing (select sites)
- Tips for staying healthy

#### Referrals to:

- *Quit Your Way* (Tobacco Free Florida)
- Medical and dental care at Community Health Centers of Sarasota County

### SERVICIOS

- Evaluación de la presión arterial
- Índice de Masa Corporal (IMC)
- Pruebas de la diabetes
- Pruebas de VIH y ETS (ciertos sitios)
- Consejos para mantenerse saludable

#### Referidos a:

- *Dejarlo a Tu Manera* (Tobacco Free Florida)
- Atención médica y dental en los Centros de Salud de la Comunidad del Condado de Sarasota