



Health in Motion Schedule Itinerario de la Unidad Móvil

AUGUST / AUGUSTO 2017

MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE
	1	2	3 Elsie Quirk Library 100 Dearborn Street Englewood 34223 10 a.m.—3 p.m. (Bus)	4 5 Truvine Missionary Baptist Day of Hope 1947 31st Street Sarasota 34234 10 a.m.—5 p.m. (Bus)
7	8 Oak Ridge Apartments 8440 N Tamiami Trail Sarasota 34234 Noon—5 p.m. (Bus)	9 Nokomis Park Community Center 234 Nippino Trail E Nokomis 34275 9—11 a.m.	10 Salvation Army 1440 10th Street Sarasota 34236 9:30 a.m.—3 p.m. (Bus)	11
14	15 Anchor House Community Center 3555 Bobcat Village Center Road North Port 34288 10 a.m.—Noon (Bus)	16 USDA Food Distribution Sandra Simms Terry Community Center 509 Collins Road Laurel 34272 10:30 a.m.—1:30 p.m.	17 Habitat for Humanity Retail Store North Port 14253 Tamiami Trail North Port 34287 9:30 a.m.—2:30 p.m.	18 Habitat for Humanity Retail Store Venice 1400 Ogden Road Venice 34285 9:30 a.m.—3 p.m. (Bus)
21	22 North Sarasota Library 2801 Newtown Blvd. Sarasota 34234 Noon—5 p.m. (Bus)	23	24 Salvation Army 1400 10th Street Sarasota 34236 9:30 a.m.—3 p.m. (Bus)	25
28	29	30 Salvation Army Family Center Venice 1160 US 41 Bypass S Venice 34285 9:30 a.m.—3 p.m.	31 Beacon House Community Center 1680 Tamiami Trail S Venice 34293 Noon—2:30 p.m. (Bus)	

SERVICES

- Blood pressure screening
- Body Mass Index (BMI) measurement
- Diabetes - glucose screening
- HIV and STD testing (select sites)
- Tips for staying healthy

Referrals to:

- *Quit Your Way* (Tobacco Free Florida)
- Medical and dental care at Community Health Centers of Sarasota County

SERVICIOS

- Evaluación de la presión arterial
- Índice de Masa Corporal (IMC)
- Pruebas de la diabetes
- Pruebas de VIH y ETS (ciertos sitios)
- Consejos para mantenerse saludable

Referidos a:

- *Dejarlo a Tu Manera* (Tobacco Free Florida)
- Atención médica y dental en los Centros de Salud de la Comunidad del Condado de Sarasota