



Health and Human Services MEDIA RELEASE



FOR IMMEDIATE RELEASE

Oct. 21, 2016

Health In Motion services during November

SARASOTA, FL — The Florida Department of Health in Sarasota County’s (DOH-Sarasota) Health In Motion staff will provide no-cost health screenings and referrals for general health and wellness during November. The Registered Nurse (RN) also helps individuals who lack medical insurance find a medical home for ongoing health care through referrals to the Community Health Centers of Sarasota County.

Health In Motion services include:

- Blood pressure screening
- Body mass index (BMI) measurement
- Diabetes - glucose screening
- Tips for staying healthy
- Individual Health education
- Referrals to “Quit Your Way” with Tobacco Free Florida
- Referrals to Community Health Centers of Sarasota County for ongoing health care

No appointment is needed. **Services are provided inside the buildings of locations visited.**

The following is a schedule of dates and locations:

<p>SARASOTA Monday, Nov. 28, 9:30 a.m.-2:30 p.m. Goodwill Manasota Mecca 5150 N. Tamiami Trail</p>	<p>NOKOMIS Wednesday, Nov. 9, 9-11 a.m. Nokomis Park Community Center 234 E. Nippino Trail</p>
<p>LAUREL Wednesday, Nov. 16, 2:30-5:30 p.m. U.S. Department of Agriculture (USDA) food distribution program Sandra Sims Terry Community Center 509 Collins Road</p>	<p>NORTH PORT Friday, Nov. 4, 9:30 a.m.-2:30 p.m. Goodwill Manasota Center North Port 14249 Tamiami Trail (U.S. 41 and Sumter Boulevard)</p>



MEDIA NOTES:

DOH-Sarasota Media Contact:

Dianne Shipley, 941-861-2852; cell 941-302-1058; DOHSarasotaNews@flhealth.gov

Website: www.sarasotahealth.org



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VENICE Wednesdays, Nov. 2 and 30, 9:30 a.m.-3 p.m. Salvation Army Family Store 1160 U.S. 41 Bypass South	NORTH PORT Thursday, Nov. 17, 9:30 a.m.-2:30 p.m. Habitat for Humanity Re-Store 14253 Tamiami Trail
VENICE Friday, Nov. 18, 9:30 a.m.-3 p.m. Habitat for Humanity Re-Store 1400 Ogden Road	

For more information, call 941-861-5000 or visit <http://www.sarasotahealth.org>.

About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. Follow us on Twitter at [@HealthyFla](#) and on [Facebook](#). For more information about the Florida Department of Health, please visit www.FloridaHealth.gov.

Sarasota County prohibits discrimination in all services, programs or activities.
View the complete policy at www.scgov.net/ADA/Pages/default.aspx

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