



# Health and Human Services MEDIA RELEASE



**FOR IMMEDIATE RELEASE**

Dec. 27, 2016

## Health In Motion services during January

SARASOTA, FL — The Florida Department of Health in Sarasota County’s (DOH-Sarasota) Health In Motion staff will provide no-cost health screenings and referrals for general health and wellness during January. The Registered Nurse (RN) also helps individuals who lack medical insurance find a medical home for ongoing health care through referrals to the Community Health Centers of Sarasota County.

**Health In Motion services** include:

- Blood pressure screening
- Body mass index (BMI) measurement
- Diabetes - glucose screening
- Tips for staying healthy
- Individual Health education
- Referrals to “Quit Your Way” with Tobacco Free Florida
- Referrals to Community Health Centers of Sarasota County for ongoing health care

No appointment is needed. **Services are provided inside the buildings of locations visited.**

The following is a schedule of dates and locations:

<p><b>SARASOTA</b> Monday, Jan. 30, 9:30 a.m.-2:30 p.m. Goodwill Manasota Mecca 5150 N. Tamiami Trail</p>	<p><b>NORTH PORT</b> Friday, Jan. 6, 9:30 a.m.-2:30 p.m. Goodwill Manasota Center North Port 14249 Tamiami Trail (U.S. 41 and Sumter Boulevard)</p>
<p><b>LAUREL</b> Wednesday, Jan. 18, 10:30 a.m.-1:30 p.m. U.S. Department of Agriculture (USDA) food distribution program Sandra Sims Terry Community Center 509 Collins Road</p>	<p><b>NORTH PORT</b> Thursday, Jan. 19; 9:30 a.m.-2:30 p.m. Habitat for Humanity Retail Store North Port 14253 Tamiami Trail</p>



### **MEDIA NOTES:**

#### **DOH-Sarasota Media Contact:**

Dianne Shipley, 941-861-2852; cell 941-302-1058; DOHSarasotaNews@flhealth.gov

Website: [www.sarasotahealth.org](http://www.sarasotahealth.org)



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<p><b>NOKOMIS</b> Wednesday, Jan. 11, 9:30 -11 a.m. Nokomis Park Community Center 234 E. Nappino Trail</p>	<p><b>VENICE</b> Friday, Jan. 20, 9:30 a.m.-3 p.m. Habitat for Humanity Re-Store 1400 Ogden Road</p>
<p><b>VENICE</b> Wednesdays, Jan. 4 and Jan. 25, 9:30 a.m.-3 p.m. Salvation Army Family Store 1160 U.S. 41 Bypass South</p>	

For more information, call 941-400-1412 or visit <http://www.sarasotahealth.org>.

### About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts. Follow us on Twitter at [@HealthyFla](#) and on [Facebook](#). For more information about the Florida Department of Health, please visit [www.FloridaHealth.gov](http://www.FloridaHealth.gov).

Sarasota County prohibits discrimination in all services, programs or activities.  
View the complete policy at [www.scgov.net/ADA/Pages/default.aspx](http://www.scgov.net/ADA/Pages/default.aspx)

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