



Health and Human Services MEDIA RELEASE



FOR IMMEDIATE RELEASE

June 19, 2015

Swim Lesson Opportunities in Sarasota County

SARASOTA, FL—The weather is heating up and for many Floridians this means it's time to cool off in the pool. While a day of playing in the pool can be fun, injuries and illnesses due to water-related activities increase during this time of year.

Waterproof Florida encourages layers of protection that include supervision, barriers and emergency preparedness. You can learn about the layers on the [WaterproofFL website](#). In our community, swim lessons are being offered by the following groups:

- Sarasota Family YMCA: <http://www.sarasota-ymca.org/Programs/SwimLessons.aspx>
Evalyn Sadlier Jones Branch arutledge@thesarasotay.org 941-922-9622 ext. 1307
Frank G. Berlin, Sr. Branch ldelagrange@thesarasotay.org 941-955-8194 ext.122
- **South County Family YMCA**
<https://211suncoast.communityos.org/zf/profile/service/id/564617> 941-492-9622
- **Sarasota County Parks and Recreation: Arlington Park**
<https://211suncoast.communityos.org/zf/profile/service/id/564230> 941-861-7275
- **Sarasota Council of Concern (Second Grade Swim Program)**
<https://211suncoast.communityos.org/zf/profile/service/id/564328> 941-365-5999

For more information, visit www.sarasotahealth.org or call 941-861-2900.

Sarasota County prohibits discrimination in all services, programs or activities.
View the complete policy at www.scgov.net/ADA/Pages/default.aspx

MEDIA NOTES:

DOH-Sarasota Media Contact:

Dianne Shipley, 941-861-2852; cell 941-302-1058; DOHSarasotaNews@FLHealth.gov
Website: www.sarasotahealth.org



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