




# Health in Motion Schedule Itinerario de la Unidad Móvil

## DECEMBER / DICIEMBRE 2017

MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE
				1.
4. Bayou Oaks Apartments 1160 Four Seasons Circle Sarasota, FL 34234 10 a.m.- 3 p.m. BUS	5. Elsie Quirk Library 100 Dearborn St Englewood FL 34223 10 a.m.—3 p.m. BUS	6.	7. State College of Florida Venice Campus 9 a.m.- 2 p.m. BUS	8. Salvation Army Family Center Venice 1160 US 41 Bypass S Venice FL 34285 9:30 a.m. - 3 p.m.
11.	12.	13.	14.	15. USDA Food Distribution Glasser Schoenbaum Center 1750 17th Street Sarasota, 34236 8 a.m. -10:30 a.m.
18.	19. North Sarasota Library 2801 Newtown Blvd. Sarasota, FL 34234 12pm-5p.m. BUS	20. USDA Food Distribution Sandra Simms Terry Community Center 509 Collins Road Laurel FL 34272 10:30 a.m. - 1:30 p.m.	21. Oak Ridge Apartments 4400 N Tamiami Trail Sarasota FL, 34234 12 p.m.- 5 p.m. BUS	22. Habitat for Humanity Retail Store North Port 14253 Tamiami Trl North Port FL 34287 9:30 a.m. - 2:30 p.m.
25. 	26.	27. Nokomis Park Community Center 234 Nippino Trail E Nokomis FL 34275 9 a.m. - 11 a.m.	28. Salvation Army 1440 10th St Sarasota 34236 9:30 a.m. - 3 p.m. BUS	29 Habitat for Humanity Retail Store Venice 1400 Ogden Rd Venice FL 34285 9:30 a.m. - 3 p.m. BUS

### SERVICES

- Blood pressure screening
- Body Mass Index (BMI) measurement
- Diabetes - glucose screening
- HIV and STD testing (select sites)
- Tips for staying healthy

#### Referrals to:

- *Quit Your Way* (Tobacco Free Florida)
- Medical and dental care at Community Health Centers of Sarasota County

### SERVICIOS

- Evaluación de la presión arterial
- Índice de Masa Corporal (IMC)
- Pruebas de la diabetes
- Pruebas de VIH y ETS (ciertos sitios)
- Consejos para mantenerse saludable

#### Referidos a:

- *Dejarlo a Tu Manera* (Tobacco Free Florida)
- Atención médica y dental en los Centros de Salud de la Comunidad del Condado de Sarasota