



Health in Motion Schedule Itinerario de la Unidad Móvil

FEBRUARY / FEBRERO 2018

MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE
			1.	2. USDA Food Distribution Glasser Schoenbaum Center 1750 17th Street Sarasota, 34236 8 a.m. -10:30 a.m.
5.	6. Elsie Quirk Library 100 Dearborn St Englewood 10 a.m. -3 p.m. BUS	7. Fun & Fitness Expo 5800 Bayshore Rd Sarasota 1 p.m.-5 p.m. BUS	8. Salvation Army 1440 10th St Sarasota 9:30 a.m. - 3 p.m. BUS	9.
12.	13. State College of Florida Venice Campus 8000 S. Tamiami Trail 9 a.m.- 2 p.m. BUS	14. Nokomis Park Community Center 234 Nippino Trail E Nokomis 9 a.m. - 11 a.m.	15. Habitat for Humanity Retail Store Venice 1400 Ogden Rd Venice 9:30 a.m. - 3 p.m. BUS	16. Habitat for Humanity Retail Store North Port 14253 Tamiami Trail North Port 9:30 a.m. - 2:30 p.m.
19.	20. Oak Ridge Apartments 4400 N Tamiami Trail Sarasota FL, 34234 12 p.m. - 5 p.m. BUS	21. USDA Food Distribution Sandra Simms Terry Community Center 509 Collins Road Laurel 10:30 a.m. - 1:30 p.m.	22. Shannon Staub Public Library 4675 Career Lane North Port 10 a.m.—3 p.m. BUS	23. Salvation Army Family Center Venice 1160 US 41 Bypass S Venice 9:30 a.m. - 3 p.m.
26.	27. North Sarasota Library 2801 Newtown Blvd. Sarasota 12 p.m.— 5 p.m. BUS	28. New College of Florida 5800 Bayshore Rd Sarasota 12 p.m.— 5 p.m. BUS		

SERVICES

- Blood pressure screening
- Body Mass Index (BMI) measurement
- Diabetes - glucose screening
- HIV and STD testing (select sites)
- Tips for staying healthy

Referrals to:

- *Quit Your Way* (Tobacco Free Florida)
- Medical and dental care at Community Health Centers of Sarasota County

SERVICIOS

- Evaluación de la presión arterial
- Índice de Masa Corporal (IMC)
- Pruebas de la diabetes
- Pruebas de VIH y ETS (ciertos sitios)
- Consejos para mantenerse saludable

Referidos a:

- *Dejarlo a Tu Manera* (Tobacco Free Florida)
- Atención médica y dental en los Centros de Salud de la Comunidad del Condado de Sarasota