



Health in Motion Schedule Itinerario de la Unidad Móvil

March / marzo 2017

MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE
		<p>1</p> <p>USF Sarasota Manatee Fun and Fitness Expo 8350 N Tamiami Trail Sarasota, FL 34243 1–5 p.m. (Bus)</p>	<p>2</p>	<p>3</p> <p>Goodwill Manasota Center North Port 14249 Tamiami Trail (U.S. 41 & Sumter Blvd) North Port, FL 34287 9:30 a.m. to 2:30 p.m.</p>
6	7	<p>8</p> <p>Nokomis Park Community Center 234 E. Nippino Trail E. Nokomis, FL 34275 9:30–11 a.m.</p>	<p>9</p> <p>Salvation Army (Bus) 1400 10th St. Sarasota, FL 34236 9:30 a.m. to 3 p.m.</p>	<p>10</p> <p>Goodwill Manasota Center Venice Rialto 676 S Tamiami Trail Venice, FL 34285 9:30 a.m. to 2:30 p.m.</p>
13	14	<p>15</p> <p>Sandra Simms Terry Community Center (Bus) USDA Food Distribution 509 Collins Road Laurel, FL 34272 10:30 a.m. to 1:30 p.m.</p>	<p>16</p> <p>Habitat for Humanity Retail Store North Port 14253 Tamiami Trail North Port, 34287 9:30 a.m. to 2:30 p.m.</p>	<p>17</p> <p>Habitat for Humanity Retail Store Venice (Bus) 1400 Ogden Road Venice, FL 34285 9:30 a.m. to 3 p.m.. 18 (Saturday) Robert L. Taylor Community Complex Newtown Health and Education Expo 1845 34th St. Sarasota, FL 34234 10 a.m. to 1 p.m.. (Bus)</p>
20	21	<p>22</p> <p>Salvation Army (Bus) Family Center Venice 1160 U.S. 41 Bypass S. Venice, FL 34285 9:30 a.m. to 3 p.m.</p>	<p>23</p> <p>Salvation Army (Bus) 1400 10th St. Sarasota, FL 34236 9:30 a.m. to 3 p.m.</p>	<p>24</p> <p>25 (Saturday) Longboat Key Fire Rescue Community Open House event 5490 Gulf of Mexico Drive Longboat Key, FL 34228 10 a.m. to 1 p.m.</p>
27	28	<p>29</p>	<p>30</p>	<p>31</p>
<p>Goodwill Manasota North Trail Mecca 5150 N. Tamiami Trail Sarasota, FL 34234 9:30 a.m. to 2:30 p.m.</p>				

SERVICES

- Blood pressure screening
- Body Mass Index (BMI) measurement
- Diabetes - glucose screening
- HIV and STD testing (select sites)
- Tips for staying healthy

Referrals to:

- *Quit Your Way* (Tobacco Free Florida)
- Medical and dental care at Community Health Centers of Sarasota County

SERVICIOS

- Evaluación de la presión arterial
- Índice de Masa Corporal (IMC)
- Pruebas de la diabetes
- Pruebas de VIH y ETS (ciertos sitios)
- Consejos para mantenerse saludable

Referidos a:

- *Dejarlo a Tu Manera* (Tobacco Free Florida)
- Atención médica y dental en los Centros de Salud de la Comunidad del Condado de Sarasota