



# Health in Motion Schedule

## Itinerario de la Unidad Móvil

941-861-2873 [www.sarasotahealth.org](http://www.sarasotahealth.org)

# JUNE / JUNIO 2019

SUN / DOM	MON / LUN	TUE / MAR	WED / MIE	THU / JUE	FRI / VIE	SAT / SAB
						1
2	3	<b>4</b> <b>Elsie Quirk Library</b> 100 Dearborn St Englewood <b>10 a.m. -3 p.m.</b> <b>BUS</b>	5	6	<b>7</b> <b>Salvation Army</b> 1440 10th St Sarasota <b>9:30 a.m.— 3 p.m.</b> <b>BUS</b>	8
9	10	<b>11</b> <b>Oak Ridge Apartments</b> 8440 N Tamiami Trail Sarasota <b>12 p.m.- 5 p.m.</b> <b>BUS</b>	<b>12</b> <b>Nokomis Park Community Center</b> 234 Nippino Trail E Nokomis <b>9 a.m.— 11 a.m.</b>	13	14	15
16	<b>17</b> <b>Shannon Staub Public Library</b> 4675 Career Lane North Port <b>10a.m.—3 p.m.</b> <b>BUS</b>	18	<b>19</b> <b>USDA Food Distribution Sandra Simms Terry Community Center</b> 509 Collins Road Laurel <b>10:30 a.m.—1:30 p.m.</b>	<b>20</b> <b>Habitat for Humanity Retail Store Venice</b> 1400 Ogden Rd Venice <b>9:30 a.m.— 3 p.m.</b>	21	22
23	24	<b>25</b> <b>Children First MLK Site</b> 1742 Dr. MLK Jr. Way Sarasota <b>9:30a.m.— 3 p.m.</b> <b>BUS</b>	26	<b>27</b> <b>North Sarasota Library</b> 2801 Newtown Blvd. Sarasota <b>10 a.m.—2 p.m.</b> <b>BUS</b>	28	29

## SERVICES



Blood pressure screening



Body Mass Index (BMI) measurement



Diabetes - glucose screening



HIV and STD testing (select sites)



Tips for staying healthy

### REFERRALS TO:



*Quit Your Way*  
(Tobacco Free Florida)



Medical and Dental Care  
at Community Health  
Centers of Sarasota County

## SERVICIOS



Evaluación de la presión arterial



Indice de Masa Corporal (IMC)



Pruebas de la diabetes



Pruebas de VIH y ETS (ciertos sitios)



Consejos para mantenerse saludable

### REFERIDOS A:



*Dejarlo a Tu Manera*  
(Tobacco Free Florida)



Atención médica y dental  
en los Centros de Salud de la  
Comunidad del Condado de Sarasota